



Frankie Lemmon School Summer Camp Menu

	Monday 07/08/24	Tuesday 07/09/24	Wednesday 07/10/24	Thursday 07/11/24
BREAKFAST	Banana Cinnamon Roll Twist Milk	Fresh Raspberries Rice Krispy Cereal Milk	Turkey Sausage Hashbrown Milk	Cantaloupe Toast w. jelly Milk
LUNCH	Fruit Cocktail Green Beans Popcorn Chicken Milk	Sliced Pears Green Peas Cheese Tortellini w. marinara sauce Milk	Watermelon Sweet Potato Fries Fish Sticks Roll Milk	Strawberries Black Beans Beef Tacos Milk
AFTERNOON SNACK	Animal Crackers & Yogurt	Wheat Crackers & Chicken Salad	Muffin Applesauce	Tortilla Chips & Guacamole
<i>Alternates</i>		<i>Diced Pears (Lunch)</i>		<i>Soft Flour Tortilla (snack)</i>
	Monday 07/15/24	Tuesday 07/16/24	Wednesday 07/17/24	Thursday 07/18/24
BREAKFAST	English Muffin Tropical Fruit Milk	Diced Peaches Yogurt Milk	Banana Chex Cereal Milk	Sliced Pears Muffin Milk
LUNCH	Mixed Berries Corn Lasagna Rolls Milk	Diced Mangos Broccoli Turkey & Cheese Pockets Milk	Mandarin Oranges Tater Tots Chicken Tenders Milk	Pineapple Tidbits Green Salad Mozzarella Cheese Pizza Milk
AFTERNOON SNACK	Cheez-it Crackers Oranges Slices	Mini Bagel w. Cream Cheese & Blueberries	Hummus Pita Bread	Fruit Salad Pretzels
<i>Alternates</i>	<i>Applesauce (Breakfast) Cheerios & Mandarin Oranges (snack)</i>	<i>Graham Crackers (snack)</i>		<i>Diced Pears (Breakfast) Green Beans & Diced Peaches (Lunch) Kix Cereal (Snack)</i>