



Frankie Lemmon School & Lemmon Tree Academy Menu

		Monday 04/08/24	Tuesday 04/09/24	Wednesday 04/10/24 TWD	Thursday 04/11/24	Friday 04/12/24
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit/Veg	Banana	Blueberries	Applesauce	Orange Slices	Tropical Fruit
	Grain/Meat ⁺	Cheese Toast	Bagel w. cream cheese	English Muffin w. jelly	Rice Chex Cereal	Pancakes
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit	Sliced Pears	Apple Slices	Mandarin Oranges	Baked Apples	Diced Pears
	Vegetable	Green Beans	Peas & Carrots	Glazed Carrots	Mashed Potatoes	Corn
	Grain	Breading	Brown Rice*	Bun	Dinner Roll*	Bun
	Meat/Meat Alt	Fish Sticks	Ground Beef w. Rice	Crispy Chicken Sandwich	Turkey Meatballs	Turkey Hot Dog
SNACK	Item 1	Apple Slices	Bell Pepper Slices	Tortilla Chips w. salsa	Hummus	Yogurt
	Item 2	Muffin	Goldfish	String Cheese	Pita Bread	Raisins
ALT	Moist & Minced or Soft & Bite Sized	Applesauce (snack)	Cheerios (breakfast) Applesauce (lunch)	Graham Crackers & Yogurt (snack)	Diced Peaches (breakfast)	Diced Pears (breakfast)
			Cottage Cheese (snack)		Avocado (snack)	Blueberries (snack)
		Monday 04/15/24	Tuesday 04/16/24	Wednesday 04/17/24	Thursday 04/18/24	Friday 04/19/24
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit/Veg	Strawberries	Raspberries	Banana	Diced Peaches	Hashbrowns
	Grain/Meat ⁺	Biscuit w. jelly	Waffle	Corn Flakes Cereal*	Blueberry Muffin	Turkey Sausage
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit	Fruit Cocktail	Watermelon	Pineapple Tidbits	Diced Mangos	Banana
	Vegetable	Sweet Potato Fries	Peas	Mixed Vegetables	Broccoli	Green Salad
	Grain	Bun	(pasta)	Crust (biscuit)	(breading)	Crust (pizza)
	Meat/Meat Alt	BBQ Chicken Sandwich	Cheese Ravioli with Marinara Sauce	Chicken Pot Pie	Turkey Corn Dog Poppers	Mozzarella Cheese
SNACK	Item 1	Pretzels	Animal Crackers	Wheat Crackers	Cheerios	Chex Mix
	Item 2	Sliced Cherry Tomatoes	Applesauce	String Cheese	Yogurt	Orange Slices
ALT	Moist & Minced or Soft & Bite Sized	Goldfish & Diced Peaches (snack)	Graham Crackers (snack)	Diced Pears (lunch)		Fruit Grain Bar (breakfast); Peas (lunch)
				Cottage Cheese & Blueberries (snack)		Rice Chex Cereal & Mandarin Oranges (snack)

*Whole Grain. ^Local Produce ⁺Meat/meat alternates may be served in place of grain at breakfast up to 3x/week. *Water is served with Snack each day.

Menu Created: (2/13/24)