



Frankie Lemmon School & Lemmon Tree Academy Menu

		Monday 01/29/24	Tuesday 01/30/24	Wednesday 01/31/24	Thursday 02/01/24	Friday 02/02/24
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit/Veg	Applesauce	Blueberries	Banana	Baked Apples	Diced Peaches
	Grain/Meat ⁺	Pancakes	Cheese Toast	Cheerios*	Oatmeal	Yogurt
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit	Pineapple Tidbits	Sliced Pears	Fruit Cocktail	Tropical Fruit	Mandarin Oranges
	Vegetable	Green Beans	Mixed Vegetable Soup	Baked Sweet Potato Fries	Corn	Broccoli
	Grain	(bread)	Pasta	(breading)	Slider Buns	Egg Noodles
	Meat/Meat Alt	Grilled Cheese Sandwich	Ground Beef	Chicken Tenders	Ground Beef & BBQ sauce	Diced Chicken Alfredo
SNACK	Item 1	String Cheese	Yogurt	Cheese Cubes	Celery Sticks	Banana Muffins
	Item 2	Pretzels	Goldfish Crackers*	Tortilla Chips*	Sun Butter & Raisins	Dried Cranberries
ALT	Moist & Minced or Soft & Bite Sized	Pears (lunch)	Kix cereal (breakfast)	Applesauce & Turkey (snack)	Diced Pears & Peas (lunch)	Strawberry Applesauce (snack)
		Cottage Cheese & Peaches (snack)			Avocado & Diced Chicken (snack)	
		Monday 02/05/24	Tuesday 02/06/24	Wednesday 02/07/24	Thursday 02/08/24	Friday 02/09/24
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	Family School Partnership Day (School Closed)
	Fruit/Veg	Banana	Mixed Berries	Strawberries	Hashbrowns	
	Grain/Meat ⁺	Cinnamon Raisin Toast*	French Toast	Yogurt	Turkey Sausage	
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	
	Fruit	Sliced Peaches	Pineapple Tidbits	Cantaloupe	Tropical Fruit	
	Vegetable	Tater Tots	Peas & Carrots	Mixed Vegetables	Roasted Squash	
	Grain	(bun)	Rice*	Roll*	Cheese Ravioli w. Marinara	
Meat/Meat Alt	Grilled Chicken Sandwich	Ground Beef	Fish Sticks	(cheese)		
SNACK	Item 1	Yogurt	Cucumber Slices w. ranch	Blueberry Muffin	Chicken Salad	
	Item 2	Animal Crackers	Chex Mix	Banana	Wheat Crackers*	
ALT	Moist & Minced or Soft & Bite Sized	Cottage Cheese (breakfast); Diced Chicken (lunch)	Mandarin Oranges (lunch)	Peas (lunch)	Diced Peas (lunch)	
		Graham Crackers (snack)	Strawberry Applesauce (snack)		Avocado (snack)	

We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider. *Whole Grain. ~Local Produce +Meat/meat alternates may be served in place of grain at breakfast up to 3x/week. ~Water is served with Snack each day.

Menu Created: 01/17/2024