



Frankie Lemmon School & Lemmon Tree Academy Menu

		Monday 02/12/24	Tuesday 02/13/24	Wednesday 02/14/24	Thursday 02/15/24	Friday 02/16/24
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit/Veg	Blueberries	Applesauce	Banana	Orange Slices	Diced Pears
	Grain/Meat ⁺	Yogurt	Waffles	Kix Cereal	Bagel w. cream cheese	French Toast Sticks
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit	Apple Slices	Tropical Fruit	Strawberries	Fruit Cocktail	Pineapple Tidbits
	Vegetable	Peas	Carrots	Green Beans	Baked Beans	Green Salad
	Grain	(pasta)	Rice*	Corn Bread	(buns)	(crust)
	Meat/Meat Alt	Cheeseburger Macaroni	Teriyaki Chicken	Turkey Meatballs	BBQ Chicken Sliders	Mozzarella Cheese Pizza
SNACK	Item 1	Banana Muffin	String Cheese	Yogurt	Animal Crackers	Pretzels
	Item 2	Orange Slices	Sun Chips*	Cheezyt Crackers*	Strawberry Applesauce	Banana
ALT	<i>Moist & Minced or Soft & Bite Sized</i>	<i>Applesauce (lunch)</i>	<i>Diced Peaches (lunch)</i>	<i>Peas (lunch)</i>	<i>Applesauce & Rice Krispy Cereal (breakfast)</i>	<i>Mandarin Oranges & Peas (lunch)</i>
		<i>Mandarin Oranges (snack)</i>	<i>Cottage Cheese & Blueberries (snack)</i>	<i>Graham Crackers (snack)</i>	<i>Turkey (snack)</i>	<i>Yogurt (snack)</i>
		Monday 02/19/24	Tuesday 02/20/24 TWD	Wednesday 02/21/24	Thursday 02/22/24	Friday 02/23/24
BREAKFAST	Milk (1%)	HOLIDAY (School Closed)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit/Veg		Hashbrowns	Diced Peaches	Baked Apples	Banana
	Grain/Meat ⁺		Turkey Sausage	Corn Flakes Cereal*	Pancakes	Toast w. jelly
LUNCH	Milk (1%)		6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit		Applesauce	Mandarin Oranges	Diced Mango	Sliced Peaches
	Vegetable		Roasted Zucchini	Mixed Vegetables	Black Beans	Baked French Fries
	Grain		Penne Pasta w. Marinara	(breading)	Spanish Rice	(bun)
	Meat/Meat Alt		Mozzarella Cheese	Chicken Nuggets	Ground Beef & Cheddar Cheese	Turkey Hot Dog
SNACK	Item 1		Pita Bread	Cheddar Cheese Cubes	Blueberry Muffin	Goldfish Crackers
	Item 2		Hummus	Apple Slices	Orange Slices	Yogurt
ALT	<i>Moist & Minced or Soft & Bite Sized</i>		<i>Broccoli (lunch)</i>	<i>Pureed Mango (lunch)</i>	<i>Rice Chex Cereal (breakfast)</i>	
			<i>Cottage Cheese & Strawberries (snack)</i>	<i>Mandarin Oranges (snack)</i>	<i>Diced Peaches (lunch)</i>	

We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider. *Whole Grain. ~Local Produce +Meat/meat alternates may be served in place of grain at breakfast up to 3x/week. ~Water is served with Snack each day.

Menu Created: 01/17/2024