





Frankie Lemmon School & Lemmon Tree Academy Menu

		Monday 12/18/23	Tuesday 12/19/23	Wednesday 12/20/23	Thursday 12/21/23	Friday 12/22/23
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)		
	Fruit/Veg	Diced Peaches	Mixed Berries	Cheerios* Cereal		
	Grain/Meat+	English Muffins	Yogurt	Banana		
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)		
	Fruit	Apple Slices	Mandarin Oranges	Diced Pears		
	Vegetable	Green Beans	French Fries	Mixed Green Salad		
	Grain	Brown Rice*	Breaded*	Crust		
	Meat/Meat Alt	Asian Beef	Chicken Nuggets	Mozzarella Cheese (Pizza)		
SNACK	Item 1	Graham Crackers	Hummus	Goldfish Crackers		
	Item 2	Yogurt	Pita Bread	Applesauce		
ALT	Moist & Minced or Soft & Bite Sized	Applesauce (Lunch)		Peas (lunch)		
				Graham Crackers (snack)		
		Monday 12/25/23	Tuesday 12/26/23	Wednesday 12/27/23	Thursday 12/28/23	Friday 12/29/23
BREAKFAST	Milk (1%)					
	Fruit/Veg					
	Grain/Meat+					
LUNCH	Milk (1%)					
	Fruit					
	Vegetable					
	Grain					
	Meat/Meat Alt					
SNACK	Item 1					
	Item 2					
ALT	Moist & Minced or Soft & Bite Sized					

We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider. *Whole Grain. ~Local Produce +Meat/meat alternates may be served in place of grain at breakfast up to 3x/week. ~Water is served with Snack each day. Menu Created: 11.17.23