



Frankie Lemmon School & Lemmon Tree Academy Menu

		Monday 12/04/23	Tuesday 12/05/23	Wednesday 12/06/23	Thursday 12/07/23	Friday 12/08/23	
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	<p>Family School Partnership Day (No School)</p>	
	Fruit/Veg	Peach Slices	Applesauce	Strawberries	Baked Apples		
	Grain/Meat*	Banana Muffins	French Toast*	Rice Krispies	Cheese Toast		
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)		
	Fruit	Pineapple Tidbits	Pear Slices	Bananas	Mandarin Oranges		
	Vegetable	Broccoli	Mixed Vegetables	Mixed Green Salad	Mashed Potatoes		
	Grain	Dinner Roll*	Elbow Noodles	Tortilla Shell*	Bun*		
	Meat/Meat Alt	Chicken Tenders	Cheeseburger Mac & Cheese	Turkey & Cheese Wrap	Sloppy Joes (ground beef)		
SNACK	Item 1	Pimento Cheese	Celery & Carrots	Goldfish Crackers	Pretzels*		
	Item 2	Pita Bread	String Cheese	Orange Slices	Yogurt		
ALT	Moist & Minced or Soft & Bite Sized	<i>Diced canned fruit (Breakfast & Lunch)</i>	<i>Diced Pears & Peas (Lunch)</i>	<i>Green Beans (lunch)</i>	<i>Cottage Cheese (Breakfast)</i>		
		<i>Banana & Cottage Cheese (Snack)</i>	<i>Avocado & Shredded Cheese (snack)</i>	<i>Mandarin Oranges & Yogurt (Snack)</i>	<i>Banana (Snack)</i>		
		Monday 12/11/23	Tuesday 12/12/23	Wednesday 12/13/23	Thursday 12/14/23		Friday 12/15/23
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)		6oz (2-5) / 8oz (6-8)
	Fruit/Veg	Diced Pineapples	Mixed Berries	Diced Peaches	Hashbrown Patty		Blueberries
	Grain/Meat*	Bagel w. cream cheese	Waffles	Cinnamon Raisin Toast	Turkey Sausage	Yogurt	
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	
	Fruit	Apple Slices	Tropical Fruit	Orange Slices	Diced Mangos	Diced Pears	
	Vegetable	Roasted Squash	Peas & Carrots	Sweet Potato Fries	Baked Beans	Pinto Beans	
	Grain	Sliced Bread*	Pasta	Dinner Roll*	Slider Buns	Tortilla Shell*	
	Meat/Meat Alt	Grilled Cheese Sandwich	Chicken Noodle Soup	Salisbury Steak	Chicken Filet	Beef & Cheese Taco	
SNACK	Item 1	Turkey Slices	Sunchips*	Wheat Crackers*	Pumpkin Bread*	Animal Crackers	
	Item 2	Tortilla Chips	Dried Cranberries	Chicken Salad	Diced Pears	Banana	
ALT	Moist & Minced or Soft & Bite Sized	<i>Diced Pears (Breakfast)</i> <i>Applesauce (Lunch)</i>	<i>Fruit Cocktail (Lunch)</i>	<i>Cottage Cheese (Breakfast)</i>	<i>Pureed Mango & Diced Chicken (Lunch)</i>	<i>Cheerios w. Milk (snack)</i>	
		<i>Yogurt (Snack)</i>	<i>Kix Cereal w. Milk (Snack)</i>	<i>Mandarin Oranges (Lunch)</i> <i>Diced Pears (Snack)</i>			

We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider. *Whole Grain. ^Local Produce *Meat/meat alternates may be served in place of grain at breakfast up to 3x/week. ^Water is served with Snack each day.

Menu Created: (11.17.23)