



Frankie Lemmon School & Lemmon Tree Academy Menu

		Monday 9/11/23	Tuesday 9/12/23	Wednesday 9/13/23	Thursday 9/14/23	Friday 9/15/23
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit/Veg	Mandarin Oranges	Diced Peaches	Hashbrown Patty	Baked Apples	Banana
	Grain/Meat*	Kix Cereal*	Cheese Biscuit	Turkey Sausage	French Toast Sticks*	Yogurt
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)
	Fruit	Apple Slices	Mixed Berries	Pineapple Tidbits	Tropical Fruit	Applesauce
	Vegetable	Green Beans	Baked French Fries	Marinara Sauce	Peas & Carrots	Broccoli
	Grain	Macaroni (pasta)	Bun*	Tortellini (pasta)	Bun*	Bread*
	Meat/Meat Alt	Ground Beef & Cheddar Cheese	Shredded BBQ Chicken	Ricotta Cheese	Breaded Fish Filet	Cheddar Cheese
SNACK	Item 1	Graham Crackers*	Chex Mix	Sun Chips*	Banana Bread	Animal Crackers
	Item 2	Yogurt	Banana	Dried Cranberries	String Cheese	Orange Slices
ALT	<i>Moist & Minced or Soft & Bite Sized</i>	<i>Applesauce (lunch)</i>	<i>Rice Chex (snack)</i>	<i>Diced Pears (lunch)</i>	<i>Diced Peaches (lunch)</i>	
				<i>Cheerios & Yogurt (snack)</i>	<i>Applesauce (snack)</i>	<i>Mandarin Oranges (snack)</i>
		Monday 9/18/23	Tuesday 9/19/23	Wednesday 9/20/23	Thursday 9/21/23	Friday 9/22/23
BREAKFAST	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	FSP Day (no school)
	Fruit/Veg	Applesauce	Strawberries	Diced Peaches	Diced Pears	
	Grain/Meat*	Toast* w. jelly	Pancake*	Yogurt	Cinnamon Raisin Bagel w. cream cheese	
LUNCH	Milk (1%)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	6oz (2-5) / 8oz (6-8)	
	Fruit	Tropical Fruit	Apple Slices	Mandarin Oranges	Pineapple Tidbits	
	Vegetable	Baked Tater Tots	Marinated Tomatoes	Cucumber Slices	Seasoned Peas	
	Grain	Bun*	Pita Bread*	Flour Tortilla	Bun*	
	Meat/Meat Alt	Sloppy Joe (ground beef)	Chicken Salad	Turkey & Cheese Roll up	Breaded Chicken Filet	
SNACK	Item 1	Blueberry Muffin	String Cheese	Cheerios*	Tortilla Chips* w. salsa	
	Item 2	Yogurt	Orange Slices	Raisins	Cheddar Cheese Cubes	
ALT	<i>Moist & Minced or Soft & Bite Sized</i>	<i>Crispy Rice Cereal (breakfast)</i>	<i>Applesauce & Green Beans (lunch)</i>	<i>Peas, Meatballs & Rice (lunch)</i>	<i>Kix Cereal (breakfast) Chicken & Rice (lunch)</i>	
		<i>Diced Peaches (lunch)</i>	<i>Blueberry Muffin & Diced Pears (snack)</i>	<i>Banana (snack)</i>	<i>Graham Crackers & Yogurt (snack)</i>	

We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider. *Whole Grain. ~Local Produce *Meat/meat alternates may be served in place of grain at breakfast up to 3x/week. ~Water is served with Snack each day.
Menu Created: August 14, 2023