



Frankie Lemmon School & DEVELOPMENTAL CENTER

Menu for 10/24 – 11/4

	Monday 10/24/22	Tuesday 10/25/22	Wednesday 10/26/22	Thursday 10/27/22	Friday 10/28/22
Breakfast: Grain Fruit or Vegetable Milk (1%, unflavored)	Waffle Sticks* Applesauce Milk	Corn Flakes Diced Peaches Milk	Blueberry Muffin Orange Slices Milk	Biscuit w. jelly Applesauce Milk	Family School Partnership Day (No School)
Lunch: Meat/Meat Alternate Grain Vegetable Fruit Milk (1%, unflavored)	Shredded BBQ Chicken Slider (bun*) Sweet Potato Fries Fruit Cocktail Milk	Broccoli & Cheese Soup French Bread Tropical Fruit Milk	Teriyaki Chicken Rice* Peas & Carrots Pineapple Tidbits Milk	Baked Ziti (mozzarella; pasta) Roasted Eggplant Diced Pears Milk	
Snack: 2 Components & Water	Steamed Edamame Wheat Crackers* Water	Pita Bread* Sliced Turkey Water	Apple Slices & Raisins Sun-butter Water	Yogurt Graham Crackers* Water	
	Monday 10/31/22	Tuesday 11/1/22	Wednesday 11/2/22	Thursday 11/3/22	Friday 11/4/22 Teacher Workday
Breakfast: Grain Fruit or Vegetable Milk (1%, unflavored)	Rice Chex Cereal* Diced Peaches Milk	Turkey Sausage Hashbrowns Milk	Cinnamon Raisin Toast* & Applesauce Milk	Pancakes Fruit Cocktail Milk	Cheerios* Mandarin Oranges Milk
Lunch: Meat/Meat Alternate Grain Vegetable Fruit Milk (1%, unflavored)	Baked Chicken & Rice* Glazed Carrots Applesauce Milk	Cheese Quesadillas (cheddar; tortilla) Marinated Tomatoes Pineapple Tidbits Milk	Fish Sticks Roll* Baked Beans Tropical Fruit Milk	Vegetable Beef Soup w. Pasta* (mixed vegetables) ½ Banana Milk	Mozzarella Cheese Pizza (crust) Roasted Squash Apple Slices Milk
Snack: 2 components & Water	Cottage Cheese Fresh Pears Water	½ Banana Pumpkin Spice Muffin*; Water	Roasted Chickpeas Cucumber Slices w. ranch; Water	½ Bagel w. cream cheese & Orange Slices; Water	Yogurt Fresh Peaches Water

We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider. *Whole grain foods. ^Local produce.

Revised: 09/28/22