

Frankie Lemmon School Menu 5/9-5/20

	Monday 5/9	Tuesday 5/10	Wednesday 5/11	Thursday 5/12	Friday 5/13
Breakfast: Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	WG Cheerios Tropical Fruit Milk	WG Toast w. jelly Mandarin Oranges Milk	Yogurt Apple Slices Milk	WG Waffle Applesauce Milk	Kix Cereal Diced Peaches Milk
Lunch: Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	BBQ Chicken Sliders (WG bun) Baked Beans Diced Mango Milk	Mac and Cheese (pasta) Broccoli Applesauce Milk	Asian Beef and Rice Peas & Carrots Pineapple Tidbits Milk	Fish Sticks WG Roll Baked French Fries Diced Pears Milk	Chicken Strips (breading) Mixed Vegetables Mixed Berries Milk
Snack: 2 components	String Cheese WG Raisin Bagel Water	Animal Crackers Banana Water	WG Cracker & Cheddar Cheese Cubes; Water	WG Goldfish Raisins Water	WG Graham Cracker Orange Slices Water
	Monday 5/16	Tuesday 5/17	Wednesday 5/18	Thursday 5/19	Friday 5/20
Breakfast: Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	WG Rice Krispy Cereal Diced Peaches Milk	WG Pancake Baked Apples Milk	WG Corn Flakes Fruit Cocktail Milk	Turkey Sausage Applesauce Milk	Family School Partnership Day
Lunch: Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Sloppy Joes on WG bun (beef) Baked French Fries Pineapple Tidbits Milk	Chicken and Noodles (pasta) Green Beans Mandarin Oranges Milk	Penne w/Marinara Sauce & Beef Peas Diced Pears Milk	Breaded Chicken Sandwich (WG bun) Corn Mixed Berries Milk	
Snack: 2 components	Chex Mix Banana Water	Tortilla Chips w. salsa Cheddar Cheese Cubes; Water	Yogurt Dried Cranberries Water	Pretzels Orange Slices Water	



*We serve local, fresh, North Carolina produce in partnership with Farm to ChildCare

-We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider.

-Alternate for medical dietary restrictions: Cheddar Cheese Sandwich; String Cheese; Yogurt; Sunflower Butter Sandwich WG = Whole Grain

Revised 4/27/22