



# April 2021

## Wake County CCSA Meals

### Harvest of the Month: Radishes

Local products used when available

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>* designates whole grain rich products</b></p>	<p>Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old</p> <p>Canned fruits are juice packed</p>		<p>1</p> <p><b>SPRING BREAK</b></p>	<p>2</p> <p><b>HOLIDAY</b></p> 
<p>5</p> <p><b>TEACHER WORKDAY</b></p>	<p>6</p> <p><b>TEACHER WORKDAY</b></p>	<p>7</p> <p><b>TEACHER WORKDAY</b></p>	<p>8</p> <p>Hardboiled eggs, wheat bread*, diced peaches, milk</p> <p>Arroz con queso (rice* wbeans &amp; cheese), corn, <b>apple wedges</b> (oranges), milk</p> <p>Crackers with chicken salad</p>	<p>9</p> <p>Cornflakes, bananas, milk , BBQ chicken drumsticks, biscuits*, green beans, potato salad, milk</p> <p><b>Sweet potato</b> hummus, pita wedges*</p>
<p>12</p> <p>Bran flakes*, mandarin oranges, milk</p> <p>Macaroni* and cheese, collard greens, tropical fruit w/pineapple &amp; papaya , milk</p> <p>String cheese, <b>apples</b> (pears)</p>	<p>13</p> <p>Biscuits* w/honey, diced peaches, milk</p> <p>Sweet &amp; sour chicken w/peppers &amp; pineapple, brown rice*, mixed greens salad w/<b>radishes</b> (broccoli), milk</p> <p>Spiced applesauce muffin squares*, oranges</p>	<p>14</p> <p><b>REMOTE LEARNING DAY</b></p>	<p>15</p> <p>Oatmeal muffin squares*, sliced grapes, milk</p> <p>Spinach &amp; cheese lasagna w/tomatoes, French bread*,apricot halves, milk</p> <p>Garbanzo bean dip with carrot chips (crackers)</p>	<p>16</p> <p>Kix*, bananas, milk</p> <p>Fish filets [ketchup], cheese grits*, green beans, diced peaches, milk</p> <p>Animal crackers, applesauce</p>
<p>19</p> <p>Rice chex*, oranges, milk</p> <p>Sloppy joes (<b>beef</b>), slider bun*, potato wedges, mango, milk</p> <p>Yogurt w/homemade granola* (graham crackers/JCF)</p>	<p>20</p> <p>Toasted oats*, pineapple tidbits, milk</p> <p>Brunch for Lunch: waffles* [syrup], scrambled eggs, creamed spinach, orange wedges, milk</p> <p>Bean dip, tortilla chips (crackers)</p>	<p>21</p> <p>Lemon poppy seed muffin squares*, bananas, milk</p> <p>Chicken tetrazzini with spaghetti*, broccoli, fresh fruit cup w/ <b>strawberries</b> &amp; pineapple, milk</p> <p>Pimento cheese, crackers</p>	<p>22</p> <p>Cornflakes, diced pears, milk</p> <p>Tuna salad, mini bagels, corn, peas, milk</p> <p>Blueberry banana muffins*, <b>apples</b> (pears)</p>	<p>23</p> <p>Bagels* (mini bagels) w/sunbutter, melon wedges, milk</p> <p>Cheese pizza, carrot &amp; raisin salad (carrots), pineapple tidbits, milk</p> <p>Sliced turkey sandwiches* (1/2 sandwich)</p>
<p>26</p> <p>Kix*,pineapple tidbits, milk</p> <p>Baked spaghetti* w/cheese &amp; tomatoes, broccoli, French bread*, milk</p> <p>Cheez-its, oranges</p>	<p>27</p> <p>Crispy rice, diced peaches, milk</p> <p>Chicken breast slider on bun*, slaw (cabbage), beets w/pineapple, milk</p> <p>Cheese cubes, melon wedges</p>	<p>28</p> <p><b>REMOTE LEARNING DAY</b></p>	<p>29</p> <p>Pancakes*/cornflakes, applesauce, milk</p> <p>Bean &amp; cheese soft tacos*, lettuce &amp; <b>sliced radishes</b> (broccoli), diced pears, milk</p> <p>Homemade chex mix, oranges</p>	<p>30</p> <p>English muffins* w/jelly, strawberries, milk</p> <p>Salmon cakes [tartar sauce], French bread*, corn, cucumber coins, milk</p> <p>Sunbutter, celery sticks (crackers)</p>

**This is an equal opportunity institution**