

Frankie Lemmon School Menu 04/06/20 - 04/17/20

	Monday 04/06/20	Tuesday 04/07/20	Wednesday 04/08/20	Thursday 04/09/20	Friday 04/10/20
Breakfast: Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	WG Cheerios Tropical Fruit Milk	WG Pancake Diced Peaches Milk	WG English Muffin Diced Pears Milk	WG Blueberry Muffin Mandarin Oranges Milk	Holiday No School
Lunch: Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Corn Dog Poppers (breading) Baked Tater Tots Applesauce Milk	Grilled Chicken Sandwich (bun) Baked Sweet Potato Apple Slices Milk	Chicken Parm Pasta Green Beans Pineapple Tidbits Milk	Mozzarella Cheese Pizza Salad w/cucumber Banana Milk	
Snack: 2 components	WG Crackers String Cheese Water	Chex Mix Raisins Water	Animal Crackers Orange Slices Water	Yogurt Pretzels Water	
	Monday 04/13/20	Tuesday 04/14/20	Wednesday 04/15/20	Thursday 04/16/20	Friday 04/17/20
Breakfast: Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	WG Toast Hash Brown Milk	WG Cinnamon Raisin Toast; Oranges Slices Milk	WG Waffle Mandarin Oranges Milk	WG Cheese Toast ½ Banana Milk	WG Banana Muffin Diced Peaches Milk
Lunch: Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Sloppy Joes (bun) Baked Beans Diced Pears Milk	Fiesta Rice & Beans w. ground beef Corn Baked Apples Milk	Chicken Strips French Bread Green Beans Applesauce Milk	Beef & Cheese Tacos w/onion* Pinto Beans Diced Mango Milk	Mozzarella Cheese Pizza Salad w/cucumber Strawberries* & Blueberries Milk
Snack: 2 components	WG Crackers Cheddar Cheese Cubes Water	Yogurt Graham Crackers Water	Cheese Crackers Pineapple Tidbits Water	WG Sun Chips Raisins Water	WG Cheerios ½ Banana Water

-We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider.



*We serve local, fresh, North Carolina produce in partnership with Farm to ChildCare

-Alternate for medical dietary restrictions: Cheddar Cheese Sandwich; String Cheese; Yogurt; Sunflower Butter Sandwich

WG = Whole Grain

Revised 3/12/20