

Frankie Lemmon School Menu 6/3/19 – 6/14/19

	Monday 6/3/19	Tuesday 6/4/19	Wednesday 6/5/19	Thursday 6/6/19	Friday 6/7/19
Breakfast: Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	Rice Chex Cereal Mandarin Oranges Milk	WG Blueberry Muffin Diced Peaches Milk	WG Pancake Tropical Fruit Milk	WG Cheerios Fruit Cocktail Milk	WG English Muffin w. jelly; ½ Banana Milk
Lunch: Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Chicken Strips WG Roll Green Beans Applesauce Milk	Cheeseburger Macaroni Peas Pineapple Tidbits Milk	Chicken & Rice w. onion* Roasted Broccoli Apple Slices Milk	Sloppy Joes on Bun Corn ½ Banana Milk	Fish Sticks WG Roll Baked French Fries Strawberries* Milk
Snack: 2 components	WG Goldfish Raisins Water	Animal Crackers Orange Slices Water	Pretzels Cheddar Cheese Cubes; Water	Cucumber Slices w. ranch & Cheese Crackers; Water	Yogurt Chex Mix Water
	Monday 6/10/19	Tuesday 6/11/19	Wednesday 6/12/19	Thursday 6/13/19	Friday 6/14/19
Breakfast: Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	WG Banana Muffin Diced Peaches Milk	WG Pancake Pineapple Tidbits Milk	Teacher Work Day School Closed	WG Cheerios Applesauce Milk	Kix Cereal Fruit Cocktail Milk
Lunch: Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Macaroni & Cheese Peas Apple Slices Milk	BBQ Chicken Sandwich Corn Orange Slices Milk		Mozzarella Cheese Pizza Salad w. Cucumber Mandarin Oranges Milk	Chicken Nuggets WG Roll Tater Tots Tropical Fruit Milk
Snack: 2 components	WG Goldfish Diced Pears Water	Tortilla Chips w. Salsa Cheddar Cheese Cubes Water		Graham Cracker Yogurt Water	WG Cracker String Cheese Water

-We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider.



*We serve local, fresh, North Carolina produce in partnership with ChildCare

-Alternate for medical dietary restrictions: Grilled Cheddar Cheese Sandwich; String Cheese; Yogurt; Soy nut butter sandwich

WG = Whole Grain

Revised 4/8/19