

## Frankie Lemmon School Menu 5/20/19 – 5/31/19

	Monday 5/20/19	Tuesday 5/21/19	Wednesday 5/22/19	Thursday 5/23/19	Friday 5/24/19
<b>Breakfast:</b> Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	Kix Cereal Mandarin Oranges Milk	WG French Toast Tropical Fruit Milk	Biscuit w. jelly Diced Pears Milk	WG Cheerios ½ Banana Milk	Turkey Sausage ½ Banana Milk
<b>Lunch:</b> Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Corn Dog Poppers (breading) Tater Tots Apple Slices Milk	Pasta & Meat Sauce w. onion* Peas Orange Slices Milk	Crispy Chicken Sandwich on Bun Green Beans Baked Apples Milk	WG Cheese Ravioli w. tomato sauce Broccoli Applesauce Milk	Beef Hot Dog on Bun Baked Beans Strawberries* Milk
<b>Snack:</b> 2 components	WG Goldfish Pineapple Tidbits Water	Chex Mix Diced Peaches Water	WG Cracker String Cheese Water	Animal Crackers Yogurt Water	WG Banana Muffin Raisins Water
	Monday 5/27/19	Tuesday 5/28/19	Wednesday 5/29/19	Thursday 5/30/19	Friday 5/31/19
<b>Breakfast:</b> Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	<b>HOLIDAY</b> <b>School Closed</b>	WG Toast Hash Browns Milk	WG Waffle Fruit Cocktail Milk	WG Cheese Toast ½ Banana Milk	WG Cinnamon Raisin Toast; Applesauce Milk
<b>Lunch:</b> Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)		Chicken Nuggets WG Roll Glazed Carrots Diced Pears Milk	Beef & Cheese Tacos w. onion* Corn Tropical Fruit Milk	Meatballs WG Roll Mashed Potatoes Apple Slices Milk	Mozzarella Cheese Pizza Salad w. Cucumber ½ Banana Milk
<b>Snack:</b> 2 components		WG Cracker Cheddar Cheese Cubes Water	Graham Crackers Yogurt Water	Cheese Crackers Diced Peaches Water	WG Sun Chips Orange Slices Water

-We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider.



\*We serve local, fresh, North Carolina produce in partnership with ChildCare

-Alternate for medical dietary restrictions: Grilled Cheddar Cheese Sandwich; String Cheese; Yogurt; Soy nut butter sandwich

WG = Whole Grain

Revised 4/8/19