

## Frankie Lemmon School Menu 4/8/19 – 4/19/19

	<b>Monday 4/8/19</b>	<b>Tuesday 4/9/19</b>	<b>Wednesday 4/10/19</b>	<b>Thursday 4/11/19</b>	<b>Friday 4/12/19</b>
<b>Breakfast:</b> Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	Rice Chex Cereal Applesauce Milk	Biscuit w. jelly Diced Peaches Milk	WG Banana Muffin Mandarin Oranges Milk	WG French Toast ½ Banana Milk	WG Cinnamon Raisin Toast; ½ Banana Milk
<b>Lunch:</b> Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Beef Hot Dog on Bun Green Beans Diced Mango Milk	Taco Pasta w. Beef (onion*) Corn Apple Slices Milk	Asian Beef & Rice Peas & Carrots Tropical Fruit Milk	BBQ Chicken Sandwich Baked Beans Strawberries* Milk	Chicken Strips WG Roll Broccoli Orange Slices Milk
<b>Snack:</b> 2 components	WG Cracker Cheddar Cheese Cubes Water	WG Cheerios Cantaloupe & Berries* Water	Pretzels Yogurt Water	Animal Crackers Pineapple Tidbits Water	WG Goldfish String Cheese Water
	<b>Monday 4/15/19</b>	<b>Tuesday 4/16/19</b>	<b>Wednesday 4/17/19</b>	<b>Thursday 4/18/19</b>	<b>Friday 4/19/19</b>
<b>Breakfast:</b> Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	Rice Krispies Cereal Applesauce Milk	WG Banana Muffin Diced Peaches Milk	Turkey Sausage Hash Browns Milk	WG Pancake Mandarin Oranges Milk	<b>HOLIDAY SCHOOL CLOSED</b>
<b>Lunch:</b> Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Crispy Chicken Sandwich Baked French Fries Mandarin Oranges Milk	Meatballs WG Roll Mashed Potatoes Apple Slices Milk	Chicken & Cheese Tacos Pinto Beans Orange Slices Milk	Fish Sticks WG Roll Corn Diced Pears Milk	
<b>Snack:</b> 2 components	WG Sun Chips Raisins Water	WG Goldfish Pineapple Tidbits Water	WG Cracker Cheddar Cheese Cubes; Water	Graham Cracker Yogurt Water	

-We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider.



\*We serve local, fresh, North Carolina produce in partnership with Farm to ChildCare

-Alternate for medical dietary restrictions: Grilled Cheddar Cheese Sandwich; String Cheese; Yogurt; Soy nut butter sandwich

WG = Whole Grain

Revised 4/2/19