

## Frankie Lemmon School Menu 2/25/19 – 3/8/19

	<b>Monday 2/25/19</b>	<b>Tuesday 2/26/19</b>	<b>Wednesday 2/27/19</b>	<b>Thursday 2/28/19</b>	<b>Friday 3/1/19</b>
<b>Breakfast:</b> Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	WG Pancake Diced Peaches Milk	Biscuit w. jelly Diced Pears Milk	Turkey Sausage Mandarin Oranges Milk	WG Apple Cinnamon Muffin; Tropical Fruit Milk	Yogurt ½ Banana Milk
<b>Lunch:</b> Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Macaroni & Cheese (cheddar cheese / pasta) Green Beans Orange Slices Milk	Fiesta Rice & Beans w. Beef (onion*) Corn Baked Apples Milk	Fish Fillet Sandwich Baked Beans Applesauce Milk	Chicken Pie (crust) Peas & Carrots ½ Banana Milk	Beef Hot Dog (bun) Sweet Potato Tots Apple Slices Milk
<b>Snack:</b> 2 components	Yogurt Graham Crackers Water	WG Goldfish Pineapple Tidbits Water	WG Cracker Cheddar Cheese Cubes; Water	Pretzels Raisins Water	WG Cheerios Fruit Cocktail Water
	<b>Monday 3/4/19</b>	<b>Tuesday 3/5/19</b>	<b>Wednesday 3/6/19</b>	<b>Thursday 3/7/19</b>	<b>Friday 3/8/19</b>
<b>Breakfast:</b> Bread/Grain Fruit/Vegetable Milk (1%, unflavored)	Kix Cereal Orange Slices Milk	WG Cheese Toast Applesauce Milk	WG Banana Muffin Fruit Cocktail Milk	WG French Toast ½ Banana Milk	WG Cinnamon Raisin Toast; Tropical Fruit Milk
<b>Lunch:</b> Meat/Meat Alternate Grain/Breads Vegetable Fruit Milk (1%, unflavored)	Corn Dog Poppers (breading) Baked French Fries Diced Peaches Milk	Beef & Bean Burritos (tortilla) Corn Mandarin Oranges Milk	Grilled Chicken Sandwich (bun) Green Beans Pineapple Tidbits Milk	Cowboy Casserole (beef & onion*) WG Roll Peas Apple Slices Milk	Mozzarella Cheese Pizza Salad w. Cucumber ½ Banana Milk
<b>Snack:</b> 2 components	WG Sun Chips Diced Pears Water	WG Cheerios Yogurt Water	Animal Crackers Raisins Water	Chex Mix String Cheese Water	WG Goldfish Applesauce Water

-We follow USDA Guidelines for nutrition as part of the Child & Adult Care Food Program. This institution is an equal opportunity provider.



\*We serve local, fresh, North Carolina produce in partnership with Farm to ChildCare

-Alternate for medical dietary restrictions: Grilled Cheddar Cheese Sandwich; String Cheese; Yogurt; Soy nut butter sandwich

WG = Whole Grain

Revised 2/8/19